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Context to the nugget

Falguni speaks about how her childhood shaped her personality and her wiring in the years to come. She speaks about how she and her brother were treated equally across various aspects of life and the independence parents gave her to try different things (trekking, traveling to Kashmir, going on an exchange programme etc)

Transcription

Deepak Jayaraman (DJ): One of the things we explore in the podcast is how people get shaped in their earlier years we are a function of our context so going back to your childhood and reflecting and may be on the first ten fifteen years Falguni I'd love to get a sense of what are the few formative experience or events that have shaped you as a person and defined who you are today?

Falguni Nayar (FN): I think, I never thought my childhood would special till more recently as I think back I think my childhood was quite special, my parents gave me a lot of freedom to pursue a lot of travel and also brought a spirit of adventure in me and I think there were no cannot do's in their book. If I wanted to go trekking, if I wanted to travel alone, if I wanted to go on an exchange program and stay with a family in Kashmir. All of that I was allowed to do that and I think a lot of that shaped my attitudes and when I think about it the whole... to learn more, to travel more, also to a little bit of a boldness to be able to do it alone also a little bit of spirit of adventure to not fear anything I think all that has come from my childhood and I am extremely thankful to my parents. Both mom and dad to have brought me up like that. Now I do realize it was very unique.

DJ: And just to get some context, you had siblings it gives us the nature of the family grew up?

FN: So, we were a very small family of four, mom, dad, my brother and me. My brother was little bit younger than me. And another unique thing was that my dad always treated me like an equal and it was never like girls don't study so much? Girls shouldn't get anything and inheritance I think one of his early bee in his bonnet was that everything I have will go equally to my son and to my daughter and all those really made me feel like an equal. Really there was nothing that was holding me back and I didn't realized at that point but it was really unique so today when I think back I think I probably owe a lot to my dad.

Reflections from Deepak Jayaraman

DJ: This is a question that I explore with most other leaders. If this is of interest, you should consider listening to my conversation with leaders like,

DJ: Vinita Bali (VB).

VB: *“all the right brain stuff of theatre and dance and poetry etc. I got from my mother who was a reader very interested in these other dimensions of life”*

DJ: Vedika Bhandarkar (VB)

VB: *“you know as a family, we could talk about anything and you could have very strong disagreements with your parents and I had many of them. No subject was taboo and we believed in open conversations. It was a little messy, sometimes a little loud, but that’s the way we grew up. That also stayed with me through my working career. Whenever things have been uncomfortable or I have disagreed with them, I’ve had open conversations.”*

DJ: and Anu Madgavkar (AM)

AM: *“the second principal again they instilled in me was to say that It doesn’t matter what you do but you have to find what you want to do and then really work hard at doing it well, I think I grew up in a system in those days for most of us I think Engineering and Medicine were the only two really respected career choices and if you didn’t do those then you were considered not so smart or not so academically superior”*

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End of nugget transcription

Nugget from Vinita Bali that is referenced: [Early childhood wiring](#).

Nugget from Vedika Bhandarkar that is referenced: [Early childhood wiring](#).

Nugget from Anu Madgavkar that is referenced: [Early formative years](#).

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Podcast Transcript [42.01 Falguni Nayar - Early formative years](#)

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Formative years: Discussions around how the leaders were influenced by the climate in which they grew up and how that has impacted them as individuals and the choices they have made as they have gone about their journeys. You can access the playlist [here](#).

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Falguni Nayar- Nuggets

- 42.00 Falguni Nayar - The Full Conversation
- 42.01 Falguni Nayar - Early formative years
- 42.02 Falguni Nayar - Choices post IIMA
- 42.03 Falguni Nayar - Women and Intense careers
- 42.04 Falguni Nayar - Taking the entrepreneurial plunge
- 42.05 Falguni Nayar - Rewiring the leadership approach
- 42.06 Falguni Nayar - Start up to Scale up
- 42.07 Falguni Nayar - Aligning horizons with investors
- 42.08 Falguni Nayar - Setting the goalpost when you are an industry leader

About Deepak Jayaraman

Deepak seeks to unlock human potential of senior executive's / leadership teams by working with them as an Executive Coach / Sounding Board / Transition Advisor. You can know more about his work [here](#).

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